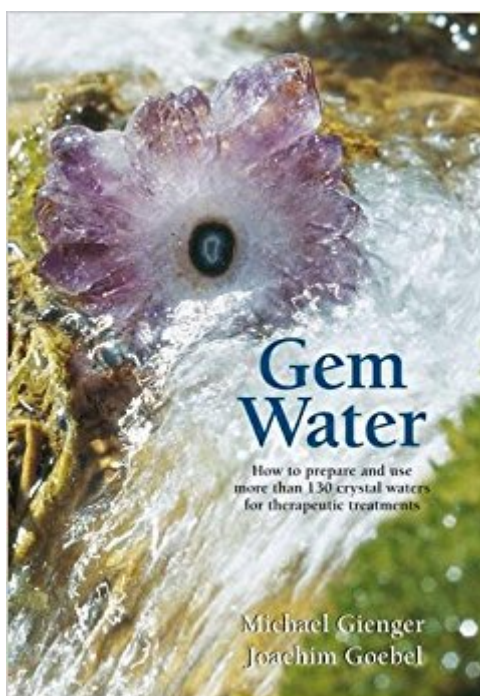


The book was found

Gem Water: How To Prepare And Use Over 130 Crystal Waters For Therapeutic Treatments



Synopsis

Effective and healthy remedies produced by infusing water with appealing crystalline energies are carefully described in this informative manual. The first part covers aspects of preparation, featuring deceptively simple processes such as the boiling method, the water vapor method, and the test tube method—all of which can be easily mastered by crystal healing enthusiasts. After outlining the correct methods to use and listing poisonous crystals as a safety precaution, the book examines more than 100 usable crystals and 34 special mixtures, revealing their intended uses and effects for the optimum in therapeutic results.

Book Information

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Alternative Medicine

Customer Reviews

Gem Water offers a whole new approach to using crystals. You'll be awakened as you learn to prepare and use more than 130 crystal waters for therapeutic treatments. I personally never heard of this, so I was naturally intrigued and mesmerized. It features over a 100 crystals and 34 special mixtures with their effects. There are seven different methods of preparing gem water, and each is explained clearly. By far the easiest is simply placing a crystal directly in water. But, before you make any gem waters, your crystals must be cleansed. Detailed steps walk you through the process. I had no idea this was necessary, and I've begun to cleanse the few crystals I have.--Lilac, Pawsitiveliving

Joachim Goebel is an international lecturer, trainer, seminar leader, and industrial consultant, who

has been researching gem waters since 1998. Michael Gienger is a self-taught scientist and crystal healing researcher. He is the author of Crystal Massage for Health and Healing, The Healing Crystal First Aid Manual, and Healing Crystals.

Small enough to fit in a first aid kit! This little handbook is full of information regarding how specific gems react in water when ingested as homeopathic remedies. It's not that the mineral is dissolving in the water; rather, the energetic information encoded in the crystal's molecular structure is released into the water and then assimilated by the body, either by drinking it, bathing in it, or applying it topically. Very complete information on how to clean your gemstones, which kinds of water are best for therapeutic treatment, several different methods for making gem water, and a list of gems that are toxic when taken internally. The second half of the booklet contains an alphabetized list of gems and their medicinal uses, for everything from multiple sclerosis to cancer to tinnitus to releasing grief, improving sleep, treating insect bites, stimulating passion, increasing optimism, alleviating paralysis, and pretty much anything else you can think of. I'm looking forward to trying some of these.

I work with crystal for a living and I enjoy making gemstone elixirs as well. This book gives practical methods for safely working with gemstones and minerals. Some stones are toxic and this book shows the reader helpful ways that they can work with various types of stones in a safe manner. I highly recommend it.

Loved reading this book - filled with lots of information and easy to follow instructions

Easy to understand. I love the book is small enough to carry to the crystal shop.

Small, but then again it is a pocket reference :) but I do love what I've read thus far and I didn't realize there was that much that went into making gem water.

I really liked this book, though the tiny size made it difficult for me to read. I was very interested in the transfer method, and the way the picture is in the book, couldn't really tell if the crystals used were single or double terminated. They didn't give very much written information about it; I THINK they were single, but it was very hard to tell. Other than those two things, I really liked this book. It gave 2 different methods for making elixirs without putting the stones in the water. I have noticed

that the lists of stones to not put directly in water to be taken internally varies almost everywhere you see one, so I am extremely wary of making them by any direct method. According to the authors, the transfer method is the way to make the strongest elixir, it is indirect, it's the shortest method, and also looks the easiest. I have never seen this method in any of the other books I've read! The other indirect method was using a quartz test tube-like affair to put in the water, but I was afraid that it could make tiny chips and get glass in the elixir. This is not going to happen with the transfer. Another way (direct) was by boiling the crystals, but I durn sure am not going to boil any of mine; sorry! I believe there were a couple other methods given, which I didn't pay attention to, as they were direct. All in all was exceptionally good information, and I'm sure the tiny size is better for the trees! Recommended!

Lots of super interesting + useful information in this book!!! I've been drinking structured water for years and have noticed lots of benefits. :)

I enjoyed this book so much that I bought one for my sister. Great book. Some of these gem waters work so well. I have not tried them all of course but they work well for me. Too bad it's not a much longer book with more info.

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